



"There is a very delicate flame  
that burns within all of us  
— and in that delicate flame  
is the subtle difference between  
mental well-being and illness.  
We need to nurture that  
flame within ourselves  
and each other"

*Bruce Saunders.*

*A meditation on Mental Illness Awareness Week '93  
Candlelight Vigil*

*Photo: a collaboration with Cindy Hammett, News Group.*