

# Movie Monday's Saturday LIVE!

MARCH 10, 2012 7pm - by donation

## DAUGHTER OF CHAOS

Helani Davison's "Daughter of Chaos" is a creative autobiographical performance on the topics of mental illness and addiction. A certified addictions counsellor, now writer and educator, Davison uses prose and poetry to look back on her six eventful decades. This dramatic reading describes profound struggles of her personal journey, beginning with a childhood traumatized by a mother who suffered from a painful mental illness, Paranoid Schizophrenia.

Davison describes her life of multiple addictions, eating disorders, deep underlying emotional challenges, and several psychiatric diagnoses including Post Traumatic Stress Disorder and Borderline Personality Disorder - even being diagnosed and treated as Bipolar for years.

A compelling story of 'riches to rags and the struggle to come back' offers compassionate understanding, tapping the greatest of all power sources - hope.



An audience discussion with writer/performer Helani Davison will follow the 70min. performance.

This is another in Movie Monday's occasional series "Saturday Live!" that spotlights writer/performers with lived experience of mental illness and recovery.

at the Eric Martin Pavilion Theatre,  
1900 Block Fort Street  
details: [www.moviemonday.ca](http://www.moviemonday.ca)

