

# INSIGHTS: Silver Screen Insights into Mental Health

## A New Course from **Movie Monday**

### Starting October 10, 2013

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Film can be a powerful carrier of ideas about extremes of human experience. Over ten evenings we will watch selected films and explore mental illness and recovery through guided learning and guest speakers. Feature films and documentaries with discussable themes and characters will be followed by interactive discussions featuring guests with clinical and experiential perspectives to share in our discussions and learnings. How might on-screen characters help us understand these challenging conditions in clinical practice and in personal recovery? The series is intended for the general public as well as those working within hospital and community-based mental health services.

**Facilitators:** **Bruce Saunders**, who brings his personal experiences including 20 years of presenting films through his Movie Monday program. and **Eileen Greene**, RN., M Ed, Educator Psychiatric Mental Health, Nursing Faculty, Camosun College/University of Victoria.

**Dates:** Bi-weekly starting October 10, 2013 to March 6, 2014 (with a holiday break).

**Time:** 7:00pm

**Location:** VIHA's new theatre in the Patient Care Centre (Room 169).  
1952 Bay Street (at Richmond)

**Cost:** \$65 for the full series. A confirmation of attendance can be provided for applicable continuing education credit programs. Payment by Paypal preferred.

**Registration:** Please email [moviemonday@islandnet.com](mailto:moviemonday@islandnet.com) for registration and inquiries.

**Further information:** [www.moviemonday.ca](http://www.moviemonday.ca)

#### Preliminary Schedule (subject to adjustments):

**Oct 10: HIDDEN PICTURES** – [www.unlistedfilm.com/hidden-pictures.html](http://www.unlistedfilm.com/hidden-pictures.html)

**Oct 24: MR JONES** - [http://en.wikipedia.org/wiki/Mr.\\_Jones\\_\(film\)](http://en.wikipedia.org/wiki/Mr._Jones_(film))  
[www.artistdirect.com/video/mr-jones/56576](http://www.artistdirect.com/video/mr-jones/56576)

**Nov 7: COMPLETELY CUCKOO**

[www.littlereview.com/goddesslouise/movies/cuckoo4.htm](http://www.littlereview.com/goddesslouise/movies/cuckoo4.htm)

**Nov 2: OUT OF THE SHADOW** - [www.outoftheshadow.com/](http://www.outoftheshadow.com/)

**Dec 5: STUART SAVES HIS FAMILY** –  
[http://en.wikipedia.org/wiki/Stuart\\_Saves\\_His\\_Family](http://en.wikipedia.org/wiki/Stuart_Saves_His_Family)

===== Winter Holidays Break =====

**Jan 9: THE BEAVER** - [www.youtube.com/watch?v=DOSOWNS3jts](http://www.youtube.com/watch?v=DOSOWNS3jts)

**Jan 23: WHAT ABOUT BOB?** - [www.youtube.com/watch?v=ptmP1lziJw4](http://www.youtube.com/watch?v=ptmP1lziJw4)

**Feb 6: PATIENT VOICES** - A collection of short impactful video pieces chosen as inspiring teaching devices and an intro to several leaders in the mental health recovery movement.

**Feb 20: FETCHING CODY** – [www.imdb.com/title/tt0475271/](http://www.imdb.com/title/tt0475271/)

**Mar 6: WILLIAM KURELEK'S THE MAZE** -  
[www.themazemovie.com](http://www.themazemovie.com) <http://kurelek.ca/>

