



Talking Bipolar

AT MOVIE MONDAY

www.moviemonday.ca

Monday March 18th, 2013 6:30pm

A SUMMER IN THE CAGE

A SUMMER IN THE CAGE A Summer in the Cage is filmmaker Ben Selkow's feature-length documentary chronicling his friend Sam's battle with manic-depressive illness, also known as bipolar

disorder. The film follows Sam for six years as he suffers delusional manic episodes, battles paralyzing depressions, and tries to escape the legacy of his bipolar father who committed suicide when Sam was eight years old. The film features interviews with renowned Johns Hopkins University author and clinician Dr. Kay Redfield Jamison; who is also bipolar. Through intimate footage of Sam, Ben and Sam's mother Sharon, A Summer in the Cage shows the difficult emotional impact of being bipolar on Sam, his family, all those who care about him and the filmmaker. A Summer in the Cage hopes to put a human face on an illness that affects millions of families. But as this dramatic story unfolds and heads to an explosive standoff, it also becomes a unique tale about friendship and the ethical responsibilities of a documentary filmmaker. 82min 2007 R <http://cagethemovie.com/story.html>

Guests Dr Erin Michalak and Dr Joanna Cheek with us for post-film discussion.

March 19 8am at EMP Theatre Grand Rounds: presentation about CREST BD Optimizing Outcomes in Bipolar Disorder: Measuring and Maximizing Quality of Life

March 19 7:30pm Community presentation:

'Changing the Landscape of Bipolar Research and Care'

Woodward Room Begbie Hall - 2101 Richmond near Fort St

Presentation by Dr. Erin Michalak and Dr Joanna Cheek

<http://www.crestbd.ca>



Right on your doorstep, in Vancouver BC, Erin's team is the only group in the world specializing in involving people with bipolar disorder and their healthcare providers in the research process itself. Want to get involved and make a difference in bipolar research? Then join us for a night of information and engagement - refreshments provided!

Bios

Dr. Erin Michalak is an Associate Professor in the Department of Psychiatry at the University of British Columbia in Vancouver, Canada. She has a PHD in psychology and her research interests are in bipolar disorder, self-management, depression, quality of life and knowledge translation. She leads the 'Collaborative REsearch Team to study psychosocial issues in Bipolar <http://www.crestbd.ca>, a Canadian Institutes of Health Research funded Canadian network designed to foster psychosocial research and knowledge translation in BD. She has published over 60 scientific articles and several books and book chapters on psychosocial issues in mood disorders.



Dr Joanna Cheek is a psychiatrist co-leading the Mood and Anxiety Program at the University of Victoria and developing therapy groups at Victoria Mental Health's Mood Disorders Program. She is a member of CREST.BD research team, focusing on making evidence-based psychosocial tools and resources more accessible for people with bipolar disorder.

