

Election Dec 5/73

- married twice, 1965, 1969
- in mental hospitals twice, 1966, 1970
- psychiatrists on & off (mostly On) for 7 yrs. (depression)
- i.e., real MPA member ^{not just a member, not just passing them} (concerned abt # of ex-patients as coords.)
- involved in founding MPA, Dec./70, Jan/71 when patient at day hosp.
- worked 3½ mo.s full time without salary
- provided leadership, but more: interest, energy, initiative
- involved in administrative and orgnal work to make MPA a democratic, broadly based service orgn.
- involved in most everything e.g., acquiring funds (\$300,000) and policy, *crisis, rsch, baseball etc*
- worked continuously for mpa, helping to build org, till Sept of this year
- since Sept, have continued actively, mainly in conference, newsletter & ^{2 out: mistake} support groups, missed only 2 business meetings in last 3 months
- i.e., MPA is main commitment and interest in my life
- MPA now solidly rooted; ^{as an orgn} administration in good hands
- want to turn my energy and abilities to relatively ignored area- research
- altho rsch has existed in MPA for 1½ years, still mysterious to most members
- want to help make it more relevant, more public and more productive
- all other areas have regular open meetings: drop-in, residence council, office, newsletter etc., but no rsch meetings.
- setting up such meetings is one of 1st things I'd want to do
- a year ago I was involved in organizing regular politics nights, rsch meetings & library meetings. Now there are none of these
- rshh must be made more public, eg., hardly any members have seen revised mh act
- why is rsch imp?
- 1) internally, for education and information of members
- 2) gives orgn crddibility with outside departments & agencies, eg., funding (LEAP, BC Govt, City Hall etc.), housing (CMHC), crisis facilities (City Hall)
- 3) strengthens MPA by producing political changes in line with our principles
- great deal of this change is brought about thru publications. Competent, seriously documented publications give crddibility so our demands and principles will be listened to.
- because of mpa's successful service base, we are now at a point where our influence can be far more broadly extended in the mh field. Success will depend on the quality of the priefs, documents and publications we produce.
- should be producing publications that can't be dismissed as "amateurish" or 2nd-rate
- + I've been successful in writing grant applications and many other types of administrative writing. I now want to use these writing skills in the area of rsch.

- start by writing grant application to Canada Council where I'm sure we can get ~~XX~~ \$ in the Horizons Program for publishing books. Hopefully, the \$ will provide another salary for a researcher to work on publications.
- idea is to start an mpa press (can use facilities of press at our house)
- planned publications
 - 1) Dave Berg book with MPA preface (manuscript ready)
 - 2) MPA book; 1 chapter by each area: drop-in, residences, administration, women, community contact, legal, theory, government support, etc. ^{mp liberation movement} Rsch coords to organize book.
- 4) Quarterly journal (Bedlam)- long, serious articles giving mental patient point of view *see below*
- 5) Newsletter - want to continue involvement and really use research for educational purposes in Nutshell
- 6) continue involvement in support groups and publish paper on their strengths and weaknesses. Like all of mpa, they are an impt model for other groups to follow and need to be publicized broadly.
- 7) write series of papers to be circulated to members as well as to govt officials and professionals on mental patients and housing, employment, stigma, suicide, crime, divorce, ^{child care} etc etc. Can be published as pamphlets and in the mpa journal. ^{social discrimination}
- to carry out this program, hold regular rsch meetings, altho i don't expect huge numbers of people to be involved. In any organization, a minority do the "intellectual" work. If the organization is democratic (as i believe mpa is) the benefits of ~~the~~ this work go to everyone in the group
- only 2/23 coords involved in "intellectual" work. Impt for this area to truly justify its usefulness to the group
- finally, studied psychology for many years & blush have an MA. This is impt, not in terms of knowing about people, but knowing about psychology and psychiatry and how ^{can} they harm and dehumanize people. I know the field, the journals, how to use the library, and how to write competent research papers. knowing mpa as well as i do i also feel i can write papers that will convince professionals etc as well as advance the needs of mpa
- garbled and fast, but do care tremendously about mpa and i feel i can continue to provide real initiative and energy to keep ~~mpa~~ ~~mpa~~ mpa growing, beooming more solid, and better serving mental patients. i really do want the chance to put these plans into effect for the good of the group. ^{really want to come back to be part of grp.} ~~end~~ end of speech.

MPA Office Checklist

(1)

- Wallace report (B.C. Govt) - monthly (Dick)
- LEAP - financial report - monthly (Serry + ?)
 - narrative report - bimonthly ^(From) (get monthly reports from all LEAP coordinator areas)
- Crafts - Division on Aging - monthly - Barry + Pally (?)
- CYC - #16 program expenses - monthly (Serry)
 - #15 travel form/volunteer - monthly (Barry, Nancy S + Phil)

- Organize file of support letters (back of top drawer research filing cabinet) - use whenever documented support is needed; e.g., application for development permits
(I have a complete set of original documents at my house). Have more xeroxed when we run short of copies.

- Licensing: resource support people:
Maeva Hancey; Darlene Mangari, Mike Harcourt; Sid Filkow; Myra (Helena) Crystal; David Mossop, Doug Purdy

- Contact Jacque Khouri ⁷³²⁻³⁴⁷⁰ + other neighbours
e.g., Shelagh Day + Judy Lodge re support for further 6 mo's at 1982.

- Melany Conn (Women's Place) has visited mental health facilities in China
re: talk at MPA

- B.C. Tel - application for annual grant each May (Check B.C. Tel folder for previous applications)
- Make sure all arrangements are made for Nancy Smith + Phil Kelyman to be on CYC. Make sure they're receiving checks.
- Alex Porteous, ~~an~~ Assistant Deputy Minister of Mental Health is our strongest supporter in the Mental Health Branch. We can get things like a pool table through him.
- Finance meetings. Call at least once every few months. Make sure financial statements are never more than 2 months behind. Watch budget closely for gross overspending in particular areas.
- Rider Cooley, Burrard NDP, good contact for B.C. Govt (Also Rosemary Brown and Phyllis Young).
- Maintain correspondence with friends in other MP Liberation groups - check file.
 - ① Corresp - general; ② corresp - people; ③ MP lib groups
 - eg., Don Weitz; Vanni Rubin, Ted Chabrowski etc etc

- Helpful architects: Ron Yuen (Urban Design);
Dave Todd (Kits Info Cntr); Jay Bancroft
738-0285 (res); 684-6584 (work)
- Dick B wrote Rosemary Brown for BC Govt
phone directory. Do we have it yet?
- Jackie has prepared a useful file of
"influential people."
- Recycle, the monthly CYC publication,
usually lists several impt articles
on mpa-related areas we can get from CYC
- There may still be a contact from (stock's
(farm owner) lawyer re our replacing
leaded glass doors.
- Nutshell - regular interviews
- Office committee should regularly give
Bus mtg + gen mtg agenda items to Jane
(give lots of thought to agenda)
- put research-relevant material in
File research slot in filing pigeon holes
in back office.
- run off regular directory of co's numbers
and MPA + other impt no's.

- after LEAP check comes, send in Final LIP financial + narrative report (in Jones' work box) + \$8,775 check (Gerry).
- Licensing: type + send letter re 11th Ave development permit to Pichstone (original draft in ~~the~~ "current housing" folder (see also p. 1))
- Figure out policy re holiday pay. It is covered in LEAP budget. Do people get time off with pay and holiday pay? etc.
- Check into situation re taxes on NE house. We will have to apply to have them waived thru same channels (Rankin committee) as for WE house. This time just a letter + not a delegation should be required.
- Purchase for office: Xerox (max: \$225) and ~~3~~ photocopier (max: \$200). Kathy C. said she'd do this when she gets back.
- LEAP contract allows in first year \$750 for furniture for all 5 houses and \$500 in dishes + linen for all 5 houses.
- of our \$5000 City Hall grant, \$4000 has been received. Call soc. planning / community development department in City Hall for remaining \$1000 in October or November.

- Real Estate useful people: Block Bros people (Jackie knows); Florence Bishop 879-7571 (work); 299-6958 (res).
- letter to neighbours re our moving in 6 mo's has yet to be distributed to 2 houses (Barb B)
- do thorough updating of Nutshell mailing list.
- do thorough updating of entire MPAT phone/address directory & distribute to all names on the list.
- ~~prepare~~ rudimentary list of needs for new drop-in center sent to Ron Yuen + ~~under~~ copy included among papers left by me.
- 3 CYC people - pay tithe of \$7/mo. Also honourarium, tho not holiday pay after Aug 1/73 is tithe.
- NOP Burrard resolutions brought up at Sept 5/73 meeting. Contact Rider Covey re if we need a speaker.
- Dee Dee will do xeroxing. Also she should be more drawn in to office work.

- Write Coche + Levi re proposal of bus passes for patients + ex-patients.
check Transportation folder.

- Important names and numbers

Gerry Hutchison LIP 682-8731

Ron Yuen, Urban Design 254-6112,
1111 Commercial Drive

Florence Bishop - Real Estate - 879-7571
299-6958

Rosemary Brown 224-6852, 4750 Belmont, Van
→ Secretary 879-4857

Walter Langdon + Tim + Rosemary Carlyle
- Substitute DIC landlords 876-6507

Phyllis Young 433-0696 (Van)

Dr. R.G. Foulkes 382-6111 ext 3335

OFY 688-7791

Ken Drushka (LEAP) c/o Trans Mountain Air,
P.O. Box 1451, Campbell River, B.C.

→ Foulkes's assistant: Mrs. C. Hawley, Consultant,
Health Security Program, 1081 Fort St. Victoria
387-5161

Dr. John Cumming - 1019 Wharf St. Mental Health
Branch, Vic. 387-3020

Alex Porteous, Asst. Deputy Min. of Mental Health
Parl. Bldgs. Vic. 387-3339

Dr. F.G. Tucker, Deputy Min. of Mental Health
Parl. Bldgs. Victoria 387-3338

Leonard Minsky GURD, 2215 W. 10th, 731-1155

CYC 1700 W. 3rd, #6; 733-7513

Frank Hatcher (LEAP), Director Special Programs,
Dept of Manpower + Immigration, 1155 W. Pender
Van, BC, 683-6971 loc 276

Darlene Magan }
Maewie Kinney } 4169 W. 10th, 228-8130

Jan Waddell }
David Mossop } Vancouver Community Legal Assistance
Society, 257 E. 11th, 872-0271

Kits Mental Health Team

Butch Leslie - ~~736-0048~~ 738-3851 (res); 434-4247 ext 542
(work)

Dr. John Kyle, Executive Director, Greater Vancouver Mental
Health Project, 1687 W. Broadway, #304; 736-8066

Hugh Parfitt 872-0211 (Riverview OP); 263-4413 (office)

West End Mental Health Team 681-8723

Riverview Out Patients 872-0211

Myra (Galens) Crystal - City Hall Planning Dept. re hearings
683-6581

Minister of Health Dennis Coche, Parl Bldgs. Vic. 387-6480

Clay Perry, Executive Asst to Coche 387-3376

Parliament Building - General Information 387-6121

(This is empty cause its hard to get phone no's in/out)

Burrard NOP (Peter Coey) 1520a W. 6th, 733-9544

Peter Ahlmann (re shrink for kits M.H. Team)
Box 4, R.R. 2, Malaspina Rd. Powell River

Phil Lyons (LEAP) 683-6971 loc 277

Don White (DIC landlord) c/o CBC, 43-51 Great Titchfield St.
London W1, England

Future Things

Treatment Resources Act - re 1/3 grant for WE, NE and
new DIC. Contact Tucker + Porteous

Re WE renovations: 1) get development permit (see licensing)
2) get Building permit 3) Contact renovators (check ads
in housing folder) 4) get CMHC #

Write Porteous re @# for pool table + other recreation finances
② re # for month end truck rental for moving ppl

Licensing - Dept breakdown

To be replaced by Spaxton ~ Aug/23

a) City Planning + Civic Development - Acting Director: H. Pickstone
Technical Planning Board - " " " "

b) Department of Permits + Licenses - Director: Dr. Bryson

c) Department of Social Planning / Community Development. Director: M. Egan

Nutshell

① Perhaps do an issue on hospital workers organizing

↳ Reprint ① Psychaide article from Workforce

② Kansas hospital workers union letter in Social Policy

③ Situation in Quebec during general strike

④ change from professional associations to unions

⑤ article in Abolitionist re psychologists union

② Review of The Psychiatrists and ② Rosenhan article re pseudo-patients

Electronis Committee

Dick + Patty - add others

advertise, interview, make ballots etc for all electronis work closely with Jane

- There are other Manpower programs which may be useful to MPA. These are described in material in LGAP folder

- During MPA "public" events, e.g., showing Wednesday's Child
① Distribute Nutshell; ② get new names + addresses for mailing list ③ announce special items, e.g. jobs open

- Re starting an MPA business, see Recycle No. 14, July-Aug/73 P. 25 for help in getting \$ + other help.

- 3 main demands for Levi + Coche: ① welfare before discharge ② bus passes (see transportation folder) ③ \$ for crisis hotels